

# How do I protect myself against spam?

## Spam and phishing mails

Phishing mails are one of the greatest threats to e-banking. Fraudsters employ these to try and obtain access to your account.

To be able to send you such e-mails, fraudsters will have to know your e-mail address first. To reduce this risk and spam received into your inbox generally, it helps to follow the rules below.

## Protect yourself by ...

- **cautious disclosure of your e-mail addresses.**  
Please be cautious and careful when giving out your e-mail addresses. Don't disclose them just anywhere.
- **using several graded e-mail addresses.**  
Use different e-mail addresses, graded by importance or confidentiality of your communications partner with whom you communicate via this e-mail address.
- **not using short e-mail addresses.**  
Fraudsters often use software simply trying out all combinations of short addresses. Choosing a long e-mail address can offer a certain degree of protection.
- **using filters in e-mail software.**  
Most e-mail software (e. g. Microsoft Outlook) includes functions enabling you to filter all e-mails received. Do use these (e. g. junk e-mail).
- **activating your provider's spam filter.**  
Providers employ solutions to minimize spam problems, too. To do so, all e-mails received are analysed for certain criteria (e. g. subject line, return address, key words in the e-mail text, etc.) and classified as wanted or unwanted e-mails depending on the rules installed.

Should you receive a phishing mail or if you have found a phishing page, you can report this on the following page: [www.antiphishing.ch](http://www.antiphishing.ch)



### What is spam?

Spam (also called junk) is the umbrella term for unwanted e-mails which often contain advertising materials. Phishing mails, aiming to steal personal data from the recipient, also count as spam.

In accordance with several studies, the proportion of spam amounts to over 60 per cent of e-mail traffic worldwide by now!

Supported by the Fernmeldegesetz (FMG) and the Bundesgesetz gegen den unlauteren Wettbewerb (UWG), spam is strictly prohibited in Switzerland.

Further information: [www.ebas.ch/phishing](http://www.ebas.ch/phishing)

«eBanking – but secure!» is offering helpful security hints for e-banking users

# eBanking but secure!

You will find further practical information on measures and approaches required to ensure that e-banking applications are used securely under [www.ebankingbutsecure.ch](http://www.ebankingbutsecure.ch). The use of this website is free.



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